



PARENTS PLUS

Parenting When Separated

A practical and positive evidence-based course for parents who are preparing for, going through or have gone through a separation or divorce.



A free 7 week Zoom course
Includes 'Taster Session'

Wednesdays 6.30 – 9pm
Start date: **3rd January 2024**
Mondays 12.30 – 3.00pm
Start date: **8th January 2024**



Parents attend different groups

For information and enquiries, please contact
Emily on 07827 979616

✉ relationshipsmatter@bristol.gov.uk

Or use this link to enrol <https://forms.office.com/e/YgdiRVmADg>

